

COPPERFIELD CHILD CARE CC PAEDIATRICIANS

Welcome to our practice

Your Newborn baby - attendance of deliveries & what to expect in the first few days

During the delivery, be it by Normal Delivery or Caesarean Section, and thereafter, we aim to encourage parent-baby bonding as much as possible. Both Kingsbury Life Hospital and Constantiaberg MediClinic are hospitals who follow the Baby Friendly Initiative.

A full examination will be done at delivery, in the case of a Caesarean Section, or within the first 12 hours after delivery, in the case of a Normal Delivery.

During the week, a lactation consultant will be available to help establish breastfeeding and assist with feeding problems. Sister Pauline Nelson is our resident lactation consultant at Kingsbury Life Hospital.

We will visit your baby every morning during your stay in hospital.

Should your baby be jaundiced during this period, we will request a jaundice test, called TSB. This will determine if further action needs to be taken.

Screening tests offered in hospital (optional):

1. GUTHRIE test for Inborn Errors of Metabolism - not paid for by medical aid
+/- R1000.00
2. Hearing Screening Test
3. Pulse Oximetry to determine heart abnormalities
<http://www.babysfirsttest.org>
4. Circumcision can be arranged on request. This can be done by either Drs Digby de Villiers or Phil Barnard
5. Blood group- please inform us at the delivery if you would like this done. This is not done routinely, unless the mother is Rh negative.
6. If your baby was breech during the pregnancy a hip ultrasound will be done during the first 6 weeks to exclude congenital hip dysplasia.

The following injections are optional but strongly recommended:

A **Vitamin K injection** will be given to your baby at birth. This prevents a bleeding disorder later on. Your baby receives a **BCG vaccine** against Tuberculosis before discharge. A nursing sister gives this in the right upper arm.

Polio drops are no longer given as a routine. Currently the injectable polio vaccine replaces the drops at 6 weeks.

We strongly recommend that you should attend a First Aid Course for Infants and Toddlers prior to your delivery.

Billing

Your account will be submitted to your medical aid.

It will stay your responsibility to ensure that they settle the account.

We trust that you will enjoy your experience.

Please feel free to contact us with any further questions.